

# Trance and Ritual Music: by Annea Lockwood, Program 7

## Identifier

TR.1970.06.11.c1

## Description

“Jaw’s harps, flutes, are the universal and ancient instruments, or, no, the body is the universal instrument; our original instrument. It’s a strange experience to sit entirely still in an empty silent room. You gradually become aware that the sounds within your body are deafening, a cataract of throbbing, humming, continuous sound. The most insistent and the most protected is your heart. It begins with the heart.”

## Musical Selections

Human heart beat -- Afghan Battle rhythm on drums -- Indian tantric drum rhythm -- Indian friction drum -- French West African Chieftain’s drums -- Baluchistan dance song -- Malayan big drum and birds -- Israeli Doira drums -- Ceylonese royal court drumming -- Beating of Kertok, Malaya -- Ceylonese kandyam drumming -- Nigerian master drumming -- Nigerian Ju Ju ceremony -- Human heart beat

## Artists

Lockwood, Annea, 1939- (features)